

VLAG course
Sensory Perception and Food Preference – health through the senses
 2 – 4 June 2026, Wageningen, the Netherlands

Day 1 - Tuesday 2 June

INTRODUCTION		
09.15 - 10.00	Registration	
10.00 - 10.15	Welcome and introduction to the course	Sanne Boesveldt
10.15 - 11.00	Lecture: Chemosensory Health	Sanne Boesveldt
11.00 - 11.30	<i>Coffee/ tea break</i>	
11.30 - 12.30	Participant presentations	Course participants
12.30 - 13.30	<i>Lunch (first a group picture outside!)</i>	
13.30 - 15.30	Participant presentations	Course participants
15.15 - 15.45	<i>Coffee/ tea break</i>	
16.00 - 16.45	Lecture: <i>Slow Down: How food texture and oral Processing promote healthy eating</i>	Marieke van Bruinessen
16.50 - 17.15	Introduction group assignment	Victoire de Wild
18.00	<i>Group dinner (location to be announced)</i>	

Day 2 - Wednesday 3 June

CLINICAL SENSORY SCIENCE AND EATING BEHAVIOR		
09.00 - 09.10	Introduction	Sanne Boesveldt
09.15 - 10.00	Lecture: Title to be announced	Kelly Alonso-Duin
10.05 - 10.50	Lecture: <i>When Coke tastes like vomit: Insights from smell and taste changes in children with cancer</i>	Mirjam van den Brink
10.55 - 11.15	<i>Coffee/ tea break</i>	
11.15 - 12.50	Lecture: <i>Beyond Palatability: Tailored Sensory Design of Oral Nutritional Supplements (ONS) for Improved Patient Outcomes</i>	Grace Tan & Camille Kwiecien
12.55 - 13.40	<i>Lunch</i>	
13.45 - 15.25	Group assignment- brainstorm, prep, shop	Groups
15.25 - 15.45	<i>Coffee/ tea break</i>	
15.45 - 16.40	Group assignment – brainstorm, prep, shop	Groups
16.45 - 17.30	Lecture: <i>The Art of chewing; The Role of Early-Life Sensory Learning in Healthy Eating</i>	Marlou Lasschuijt

Day 3 - Thursday 4 June

PREVENTION AND SOLUTIONS		
09.00 - 09.10	Introduction	Sanne Boesveldt
09.15 - 10.00	Lecture: Title to be announced	Monica Mars
10.05 - 10.50	Lecture: <i>From perception to behaviour: Making healthy choices preferred</i>	Liesbeth Zandstra
10.55 - 11.15	<i>Coffee/ tea break</i>	
11.15 - 12.00	Lecture: <i>Healthy ageing with a focus on appetite, food fortification and texture modifications</i>	Dimitra Zannidi
12.05 - 12.50	Lecture: <i>Senses in the city: urban design and healthy lifestyles</i>	Emely de Vet
12.55 - 13.40	<i>Lunch</i>	
13.45 - 14.30	Lecture: <i>Sensory science to inform policy making and enforcement of reinforcing harmful products</i>	Reinskje Talhout
14.35 - 15.25	Group assignment - create	Groups
15.25 - 15.45	<i>Coffee/ tea break</i>	
15.45 - 17.20	Group assignment - tastings	Groups

Day 4 - Friday 5 June

SOLUTIONS		
09.00 - 09.10	Introduction	Sanne Boesveldt
09.15 - 10.00	Lecture: <i>Bringing attention to healthy eating in health care settings</i>	Renate Winkels
10.05 - 10.50	Lecture:	Remco Havermans
10.55 - 11.15	<i>Coffee/ tea break</i>	
11.15 - 12.00	Lecture:	Agnes Berendsen
12.05 - 12.50	Lecture: <i>Effects of new-generation obesity medications on eating behaviors: What is known and what is left to uncover?</i>	Faris Zuraikat
	<i>Closing, farewell - Lunch</i>	

Course location: Room B0214 – Forum Building